performance development

Discover new ways to guarantee your success, in 2018

Your Best Year Yet ~ you can make it happen

Don't look back with regret about what you could have done - learn to focus your energy and ensure your goals for the year become your reality.

This intensive transformational experience is bound to make a difference to your success because we'll guide you through a proven process for setting meaningful goals, igniting your motivation and engaging your commitment so that you know you'll get the results you want.

Build your confidence to make 2018 Your Best Year Yet

- Be proactive in designing the year you want and taking action to get it
- Learn powerful lessons from your successes and accomplishments of the past year
- Enjoy identify what's truly important to you so you can concentrate your energies where it really matters.
- Create your personal Rules for Success and build your foundation for great performance
- Find the motivation to ignite your passion and accomplish your goals
- Identify those patterns, behaviours and beliefs that don't work for you so you can eliminate them
- **Discover** the attitudes and actions that support your highest performance
- Realise more of your potential
- **Design** a year more about being the *authentic you* and less about simply being busy and doing things
- Build your confidence to make 2018 Your Best Year Yet

enlightening ~ challenging ~ practical



First Position P

"This will definitely help you and your business succeed " DW

" Fantastic for finding out where you are now and where you want to be. Very powerful !" LH

"I feel motivated and ready to go !!" JB

"You will really get clear about what you want and what you can do to get it" NH

"If you want to kick start your motivation go on this course" ME

find out more: www.firstpositionperformance.co.uk velopment Ltd on . . 01274 585160 . . 07946 443930 . . 07796 954369

Effect on results - score for the day ~ 100%